

**GSB: GENERAL SCREEN - B**

No.	Description		Result	Unit	Reference Value
<b>HAEMATOLOGY 血液研究</b>					
1	Haemoglobin (Hb)	血紅素	13.4	g/dL	11.5-16.0
2	Red Blood Cell	紅血球	4.2	mil/cumm	3.8-5.8
3	Haematocrit (Hct/PCV)	血球比積	40	%	35 -47
4	MCV	平均球容積	95	fl	78 - 96
5	MCH	平均紅血球血紅素	32	pg	27 - 33
6	MCHC	平均紅血球血紅素濃度	34	g/dL	30 - 37
7	RDW	紅血球分佈寬度	14.1	%	11.0 -16.0
8	Platelet Count	血小板	<b>131</b>	↓ tho/cumm	150-400
9	White Blood Cell, Total	白血球	7.8	tho/cumm	4.0 - 11.0
10	~ Neutrophils	多形核白血球	57	%	40 - 75
11	~ Lymphocytes	淋巴球	34	%	20 - 45
12	~ Monocytes	單核白血球	6	%	2-10
13	~ Eosinophils	嗜伊紅白血球	3	%	1 - 6
14	~ Basophils	嗜鹼細胞	0	%	0-1
15	Blood Film Comment	血片圖	-		

The red cell shows a normochromic normocytic picture.  
 Some platelets clump seen.  
 Suggest to repeat platelet count with new specimen.  
 The white cells reveal no abnormal morphological changes.

**IRON STATUS 鐵質**

16	Serum Iron	血清鐵	21.8	umol/L	10.7-32.2
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<b>RENAL FUNCTION &amp; METABOLIC 腎功能和代謝</b>				
17	Urea 尿素	6.0	mmol/L	2.8 - 7.2
18	Creatinine 肌酸酐	84	umol/L	45-84
19	estimated GFR (CKD-EPI creatinine equation 2021)	65	ml/min/1.73m2	
<b>NKF Classification of Chronic Kidney Disease</b>				
Stage	Description	GFR		
1	Normal or High GFR	90+		
2	Mild decreased in GFR	60-89		
3	Moderate decreased in GFR	30-59		
4	Severe decreased in GFR	15-29		
5	Kidney Failure	<15		
20	Uric Acid 尿酸	<b>456</b>	↑ umol/L	155 - 357
21	Sodium (Na) 鈉	137	mmol/L	136 - 146
22	Potassium (K) 鉀	4.4	mmol/L	3.5 - 5.1
23	Chloride (Cl) 氯	103	mmol/L	101 - 109
24	Calcium 鈣	2.36	mmol/L	2.20 -2.65
25	- Corrected Calcium .	2.4	mmol/L	2.1 - 2.6
26	Phosphorus 磷	0.99	mmol/L	0.81-1.45
27	Magnesium, Serum 血清鎂	0.98	mmol/L	0.77-1.03
28	Urine Microalbumin 尿微白蛋白	<b>951.9</b>	↑ mg/L	<20
29	Urine Creatinine 尿肌酸酐	2.5	mmol/L	0.9 - 26.5
30	Urine Alb/Crea. Ratio 白蛋白 / 肌酸酐比率	<b>380.8</b>	↑ mg/mmol	<3.4

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**LIVER FUNCTION 肝功能**

31	Bilirubin, Total	膽紅素 (總數)	12.2	umol/L	5.0 - 21.0
32	Protein, Total	蛋白質總數	78	g/L	66-83
33	Albumin	白蛋白	38	g/L	32 - 52
34	Globulin	球蛋白	40	g/L	21 - 40
35	A/G Ratio	白蛋白 / 球蛋白比率	1.0	index	1.0 - 2.2
36	Alk. Phosphatase (ALP)	鹼性磷酸酶	77	U/L	33 - 98
37	AST (SGOT)	谷草轉氨酶	<b>38</b>	↑ U/L	<35
38	ALT (SGPT)	谷丙轉氨酶	<b>49</b>	↑ U/L	<35
39	GGT	麩胺轉酸酶	<b>208</b>	↑ U/L	<38
40	Fibrosis-4 Score	-	2.82		

Age		Interpretation
35-64	>65	
FIB-4 Score		
<1.3	<2	Low risk of advance fibrosis
1.3-2.67	2-2.67	Intermediate risk of advance fibrosis
>2.67		High risk of advance fibrosis

Disclaimer:

Use with caution in patients < 35 or > 65 years old, as the score may be less reliable in these age groups. Clinical correlation is advised.

**LIPIDS & CARDIOVASCULAR RISK 血脂和心臟血管風險**

41	Cholesterol, Total	總膽固醇	<b>7.81</b>	↑ mmol/L	<5.20
42	HDL-Chol. (good)	高密膽固醇 (好)	1.92	mmol/L	>1.03
43	Non-HDL-Chol. (bad)	非高密膽固醇	<b>5.89</b>	↑ mmol/L	<3.37
44	LDL-Chol. (bad)	低密膽固醇 (壞)	<b>5.21</b>	↑ mmol/L	<2.60
45	Triglycerides	三酸甘油脂	<b>2.57</b>	↑ mmol/L	<1.70
46	Total/HDL-Chol Ratio	膽固醇比率	4.10	index	<5.00

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<b>INFLAMMATORY MARKER &amp; CVD RISK 炎症標記和心臟血管風險</b>				
47	High sensitive C-Reactive Protein C反應蛋白	4.7	↑ mg/L	CVD Risk, Low: <1.0, High: >3.0, Inflammation: >10
<b>DIABETES &amp; PANCREATIC 糖尿病 &amp; 胰臟</b>				
48	Glucose 血糖	5.5	mmol/L	Normal: <6.1, Impaired: 6.1-6.9, Diabetes: (Fasting) >7.0 (Random) >11.1
49	Glycated Hb (HbA1c) 糖化血色素	10.5	↑ %	Normal: <5.6, Pre-diabetes: 5.6-6.2, Diabetes: >6.3, Control Target: <6.5
<b>URINALYSIS: ~ Appearance ~ 尿液分析: ~ 外觀 ~</b>				
50	Colour 顏色	Yellow	-	
51	Turbidity 濁度	Slightly cloudy	-	
<b>~ Urine Chemical ~ ~ 尿液化學 ~</b>				
52	Urobilinogen 尿膽原	Normal	-	Normal
53	Glucose 尿糖	2+	↑ -	Negative
54	Bilirubin 膽紅素	Negative	-	Negative
55	Ketones 酮體	Negative	-	Negative
56	Specific Gravity 比重	1.015	-	1.005 -1.030
57	Blood 紅血球	1+	↑ -	Negative
58	pH 酸鹼度	6.5	-	5.0 - 8.5
59	Protein 蛋白質	3+	↑ -	Negative
60	Nitrite 亞硝酸鹽	Negative	-	Negative
61	Leukocyte 白細胞	Negative	-	Negative

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<b>~ Microscopic ~ ~ 微觀 ~</b>				
62	Erythrocytes (RBC) 紅細胞	4-5	↑ /HPF	0 - 3
63	Pus Cells (WBC) 白細胞	1-2	/HPF	0 - 5
64	Epithelial Cells 上皮細胞	3-4	/HPF	0 - 10
65	Casts 管型	Nil	/LPF	Hyaline 0 - 1/LPF, other casts present is abnormal
66	Crystal 結晶	Nil	-	Usually not significant, unless found persistently in patient with renal calculi or if associated with certain metabolic disease.
67	Others 其它	-	-	
		Bacteria :Moderate		

End Of Report

Specimen : Plain (Serum), EDTA Blood, Urine, Fluoride Plasma  
 Serum Index: Lipemia : N ,Icterus: N ,Hemolysis: N  
 Severity: N ( Nil ), + ( Mild ) → 5+ ( Severe )



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# 基本身体检测 Basic Health Screening

预防胜于治疗  
*Prevention Always Better Than Treatments*



## Basic Screening 基本检测 (66 Tests)

Hematology

Iron Status

Liver Function

Renal Function

Glucose & HbA1C

Cholesterol

Inflammatory Marker

Urine Analysis

血液分析

铁质蛋白检测

肝功能

肾功能

血糖指数

血脂指数

发炎指数

尿液分析

### Add On 额外添加

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- 预防胃癌

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# PREPARATION FOR HEALTH SCREENING

# 健康体检前的准备工作

## Important Notes / Preparation Before the Appointment

1. Please **fast for at least 8 hours before** your appointment. You may drink plain water only.
2. Stop Smoking/ Vaping for at least 8 hours.
3. Postpone any routine morning medications (except anti-hypertensive drugs) unless otherwise advised by your doctor.

## Item To Bring:

1. Previous 2 years medical reports, if any, especially X-rays, MRI or CT Scan from your last check-up for comparison.

## How Long Will the Screening Take?

The duration of each health screening package varies. On average, the entire process, including the medical examination by a doctor, will take between 1-2 hours, depending on the selected package.

\*A complimentary refreshment voucher (for selected health screening packages) will be provided for your enjoyment and convenience.

Items to Bring:

## 预约前注意事项 / 准备工作

1. 请在约定时间前的至少**8 个小时开始禁食**。您仅可以饮用白开水。
2. 请勿吸烟至少8小时。
3. 延后服用任何早上时段需服用的药物（除高血压药物以外），除了医生另行给予建议。

## 须携带的物件：

1. 请携带近2年的医疗报告（若有），特别是您最后一次进行的筛查，其中包括X光片、磁共振成像或计算机断层（CT）扫描片，以便进行对比用途。

## 健康检查需要多长时间？

每项健康体检配套的过程及所需时间各不相同。根据所选的健康体检配套，包括医生体检在内的整个健康检查过程平均需要 1 至 2 个小时。

\*特定健康体检配套将附送一张免费餐券让您在筛查后享受茶点。



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