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JRPMM : PRE-MARITAL HEALTH SCREENING PACKAGE

No.	Description	Result	Unit	Reference Value
HAEMATOLOGY 血液研究				
1	Haemoglobin (Hb)	血紅素	g/dL	
2	Red Blood Cell	紅血球	mil/cumm	
3	Haematocrit (Hct/PCV)	血球比積	%	
4	MCV	平均球容積	fl	
5	MCH	平均紅血球血紅素	pg	
6	MCHC	平均紅血球血紅素濃度	g/dL	
7	RDW	紅血球分佈寬度	%	
8	Platelet Count	血小板	tho/cumm	
9	White Blood Cell, Total	白血球	tho/cumm	
10	~ Neutrophils	多形核白血球	%	
11	~ Lymphocytes	淋巴球	%	
12	~ Monocytes	單核白血球	%	
13	~ Eosinophils	嗜伊紅白血球	%	
14	~ Basophils	嗜鹼細胞	%	
15	ABO Blood Group	血型	-	
16	Rhesus (D)	.	-	
17	Blood Film Comment	血片圖		
HAEMOGLOBIN ELECTROPHORESIS 血紅素電泳分析				
18	Hb-H	.	%	
19	Hb-Bart-s	.	-	
20	Hb-A1	.	%	
21	Hb-F	.	%	
22	Hb-S	.	%	
23	Hb-A2	.	%	
24	Hb-Carbohyd	.	%	
25	Comment:	.	-	

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No.	Description	Result	Unit	Reference Value
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RENAL FUNCTION & METABOLIC 腎功能和代謝

26	Urea	尿素	mmol/L	
27	Creatinine	肌酸酐	umol/L	
28	estimated GFR (CKD-EPI creatinine equation 2021)		ml/min/1.73m ²	

NKF Classification of Chronic Kidney Disease

Stage	Description	GFR
1	Normal or High GFR	90+
2	Mild decreased in GFR	60-89
3	Moderate decreased in GFR	30-59
4	Severe decreased in GFR	15-29
5	Kidney Failure	<15

29	Uric Acid	尿酸	umol/L	
30	Sodium (Na)	鈉	mmol/L	
31	Potassium (K)	鉀	mmol/L	
32	Chloride (Cl)	氯	mmol/L	
33	Calcium	鈣	mmol/L	
34	- Corrected Calcium	.	mmol/L	
35	Phosphorus	磷	mmol/L	
36	Magnesium, Serum	血清鎂	mmol/L	

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LIVER FUNCTION 肝功能

37	Bilirubin, Total	膽紅素 (總數)	umol/L	
38	Protein, Total	蛋白質總數	g/L	
39	Albumin	白蛋白	g/L	
40	Globulin	球蛋白	g/L	
41	A/G Ratio	白蛋白 / 球蛋白比率	index	
42	Alk. Phosphatase (ALP)	鹼性磷酸酶	U/L	
43	AST (SGOT)	谷草轉氨酶	U/L	
44	ALT (SGPT)	谷丙轉氨酶	U/L	
45	GGT	穀胺轉酸酶	U/L	
46	Fibrosis-4 Score	-		

Age		Interpretation
35-64	>65	
FIB-4 Score		
<1.3	<2	Low risk of advance fibrosis
1.3-2.67	2-2.67	Intermediate risk of advance fibrosis
>2.67		High risk of advance fibrosis

Disclaimer:

Use with caution in patients < 35 or > 65 years old, as the score may be less reliable in these age groups. Clinical correlation is advised.

LIPIDS & CARDIOVASCULAR RISK 血脂和心臟血管風險

47	Cholesterol, Total	總膽固醇	mmol/L	
48	HDL-Chol. (good)	高密膽固醇 (好)	mmol/L	
49	Non-HDL-Chol. (bad)	非高密膽固醇	mmol/L	
50	LDL-Chol. (bad)	低密膽固醇 (壞)	mmol/L	
51	Triglycerides	三酸甘油脂	mmol/L	
52	Total/HDL-Chol Ratio	膽固醇比率	index	

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No.	Description	Result	Unit	Reference Value
INFLAMMATORY MARKER & CVD RISK 炎症標記和心臟血管風險				
53	High sensitive C-Reactive Protein	C反應蛋白	mg/L	
DIABETES & PANCREATIC 糖尿病 & 胰臟				
54	Glucose	血糖	mmol/L	
55	Glycated Hb (HbA1c)	糖化血色素	%	
INFECTIOUS DISEASE SEROLOGY 傳染科血清學				
56	VDRL (RPR/ TRUST)	梅毒篩檢	-	
57	Hep. Bs Ag Screen	B型肝炎表面抗原	-	
58	Hep. Bs Ab (Anti-HBs)	B型肝炎表面抗體	mIU/mL	
59	Hep. A Ab (Anti-HAV)	A型肝炎抗體	-	
60	HCV Ab	C型肝炎抗體	-	
61	HIV (1&2) Ab+Ag p24 Screen	愛滋病毒篩檢	-	
THYROID FUNCTION 甲狀腺功能				
62	TSH	促甲狀腺激素	mIU/L	
63	Free T4	游離四碘甲狀腺素	pmol/L	

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No.	Description	Result	Unit	Reference Value
HORMONES 荷爾蒙				
64	Testosterone, total	睪丸脂醇	nmol/L	

Gender Age Reference value				

Male 18-30 8.99 - 28.32 nmol/L				

Male 31-44 6.87 - 23.56 nmol/L				

Male 45-99 5.21 - 23.73 nmol/L				

Female adult 0.35 - 2.60 nmol/L				
TUMOUR MARKERS 腫瘤標誌				
65	Alpha-Fetoprotein (AFP)	甲-胎蛋白質	ng/ml	
66	Carcino-Embryonic Ag (CEA)	癌胚胎抗原	ng/ml	
67	Prostatic Specific Ag (PSA)	前列腺特異抗原	ng/ml	
68	CA 19-9	腫瘤標記 19-9	U/ml	
69	EBV VCA IgA (for NPC)	EB病毒特殊抗體 (鼻咽癌)	index	
IMMUNOSEROLOGY 血清免疫學				
70	Rheumatoid Factor	類風濕因子	IU/mL	
URINALYSIS: ~ Appearance ~ 尿液分析: ~ 外觀 ~				
71	Colour	顏色	-	
72	Turbidity	濁度	-	

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No.	Description	Result	Unit	Reference Value
~ Urine Chemical ~ ~ 尿液化學 ~				
73	Urobilinogen	尿膽原	-	
74	Glucose	尿糖	-	
75	Bilirubin	膽紅素	-	
76	Ketones	酮體	-	
77	Specific Gravity	比重	-	
78	Blood	紅血球	-	
79	pH	酸鹼度	-	
80	Protein	蛋白質	-	
81	Nitrite	亞硝酸鹽	-	
82	Leukocyte	白細胞	-	
~ Microscopic ~ ~ 微觀 ~				
83	Erythrocytes (RBC)	紅細胞	/HPF	
84	Pus Cells (WBC)	白細胞	/HPF	
85	Epithelial Cells	上皮細胞	/HPF	
86	Casts	管型	/LPF	
87	Crystal	結晶	-	
88	Others	其它	-	

End Of Report

Specimen :



婚前身体检测 Pre-Marital Health Screening

健康相伴，给后代美好未来
Health Together, for a Bright Future for Your Descendants

Basic Screening 基本检测

Hematology	血液分析
Liver Function	肝功能
Renal Function	肾功能
Glucose & HbA1C	血糖指数
Cholesterol	血脂指数
Rheumatoid Factor	类风湿指数
Inflammatory Marker	发炎指数
Infectious Diseases	肝炎及性疾病
Thyroid Function	甲状腺功能
Vitamin & Mineral	维他命指数
Thalassemia Studies	地中海贫血检测
Testosterone Level (M)	睾酮水平
Ferritin Level	铁蛋白水平

Gastrointestinal Screening

肠胃检测

H.Pylori IgG 幽门螺旋杆菌抗体

- Prevention of Gastric Cancer
- 预防胃癌

Cancer Marker 癌症指数

Liver Cancer (AFP)	肝癌指数
Colon Cancer (CEA)	大肠癌指数
Pancreatic Cancer (CA19-9)	胰岛癌指数
Nasalpharynx Cancer (EBV)	鼻咽癌指数
Prostate Cancer (PSA, M)	前列腺癌指数
Ovary Cancer (CA125, F)	卵巢癌指数
Breast Cancer (CA153, F)	乳癌指数

Add On 额外添加

Female Hormone 女性荷尔蒙

- FSH 促卵泡激素
- LH 黄体化激素
- Estradiol 雌二醇
- TSH ultra-sensitive 促甲状腺激素 (超敏感)

RM160

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Refreshment Voucher

FREE

RM360

2 persons RM40 off



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For Appointment:



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PREPARATION FOR HEALTH SCREENING

健康体检前的准备工作

Important Notes / Preparation Before the Appointment

1. Please **fast for at least 8 hours before** your appointment. You may drink plain water only.
2. Stop Smoking/ Vaping for at least 8 hours.
3. Postpone any routine morning medications (except anti-hypertensive drugs) unless otherwise advised by your doctor.

Item To Bring:

1. Previous 2 years medical reports, if any, especially X-rays, MRI or CT Scan from your last check-up for comparison.

How Long Will the Screening Take?

The duration of each health screening package varies. On average, the entire process, including the medical examination by a doctor, will take between 1-2 hours, depending on the selected package.

*A complimentary refreshment voucher (for selected health screening packages) will be provided for your enjoyment and convenience.

Items to Bring:

预约前注意事项 / 准备工作

1. 请在约定时间前的至少**8 个小时开始禁食**。您仅可以饮用白开水。
2. 请勿吸烟至少8小时。
3. 延后服用任何早上时段需服用的药物（除高血压药物以外），除了医生另行给予建议。

须携带的物件:

1. 请携带近2年的医疗报告（若有），特别是您最后一次进行的筛查，其中包括X光片、磁共振成像或计算机断层（CT）扫描片，以便进行对比用途。

健康检查需要多长时间?

每项健康体检配套的过程及所需时间各不相同。根据所选的健康体检配套，包括医生体检在内的整个健康检查过程平均需要 1 至 2 个小时。

*特定健康体检配套将附送一张免费餐券让您在筛查后享受茶点。



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