

GNOSIS LABORATORIES (M) SDN BHD (577284-A)

1-1 & 1-2, Jalan USJ 21/11, 47630 Subang Jaya, Selangor, Malaysia.

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Patient Name	: TEST	Lab No:	: 1234
Refer From	: -	Sex /Age	: Male / 42
Gnosis Laboratories (M) Sdn Bhd.		IC No / Passport	:
1-1, Jalan USJ 21/11, 47630 Subang Jaya		Your Ref. No	:
-		Collected	: 23/10/2025
PH: 03-58858501		Received	: 23/10/2025, 18:47:40
		Reported	: 23/10/2025, 19:07:37
Courier Area:		Copy	: 1 / Final Report

GHNHM: NH BASIC SCREENING PACKAGE - MALE

No.	Description	Result	Unit	Reference Value	
HAEMATOLOGY 血液研究					
1	Haemoglobin (Hb)	血紅素	15.4	g/dL	13.0-18.0
2	Red Blood Cell	紅血球	4.5	mil/cumm	4.5 - 6.5
3	Haematocrit (Hct/PCV)	血球比積	45	%	40 - 54
4	MCV	平均球容積	95	fl	78 - 96
5	MCH	平均紅血球血紅素	32	pg	27 - 33
6	MCHC	平均紅血球血紅素濃度	35	g/dL	30 - 37
7	RDW	紅血球分佈寬度	11.5	%	11.0 - 16.0
8	Platelet Count	血小板	190	tho/cumm	150-400
9	White Blood Cell, Total	白血球	4.8	tho/cumm	4.0 - 11.0
10	~ Neutrophils	多形核白血球	65	%	40 - 75
11	~ Lymphocytes	淋巴球	35	%	20 - 45
12	~ Monocytes	單核白血球	6	%	2 -10
13	~ Eosinophils	嗜伊紅白血球	4	%	1 - 6
14	~ Basophils	嗜鹼細胞	0	%	0-1
15	ABO Blood Group	血型	O	-	
16	Rhesus (D)	.	Positive	-	
17	Blood Film Comment	血片圖	-		

The red cells show normochromic normocytic picture.
The platelets are adequate.
The white cells reveal no abnormal morphological changes.

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RENAL FUNCTION & METABOLIC 腎功能和代謝				
18	Urea 尿素	7.2	mmol/L	2.8 - 7.2
19	Creatinine 肌酸酐	84	umol/L	45-84
20	estimated GFR (CKD-EPI creatinine equation 2021)	102	ml/min/1.73m2	
NKF Classification of Chronic Kidney Disease				
	Stage	Description	GFR	
	1	Normal or High GFR	90+	
	2	Mild decreased in GFR	60-89	
	3	Moderate decreased in GFR	30-59	
	4	Severe decreased in GFR	15-29	
	5	Kidney Failure	<15	
21	Uric Acid 尿酸	159	umol/L	155 - 357
22	Sodium (Na) 鈉	138	mmol/L	136 - 146
23	Potassium (K) 鉀	5.0	mmol/L	3.5 - 5.1
24	Chloride (Cl) 氯	108	mmol/L	101 - 109
25	Calcium 鈣	2.29	mmol/L	2.20 -2.65
26	- Corrected Calcium	2.1	mmol/L	2.1 - 2.6
27	Phosphorus 磷	1.42	mmol/L	0.81-1.45
28	Magnesium, Serum 血清鎂	0.89	mmol/L	0.77-1.03
29	Urine Microalbumin 尿微白蛋白	1.5	mg/L	<20
30	Urine Creatinine 尿肌酸酐	1.0	mmol/L	0.9 - 26.5
31	Urine Alb/Crea. Ratio 白蛋白 / 肌酸酐比率	1.5	mg/mmol	<3.4

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No.	Description	Result	Unit	Reference Value	
LIVER FUNCTION 肝功能					
32	Bilirubin, Total	膽紅素 (總數)	6.9	umol/L	5.0 - 21.0
33	Protein, Total	蛋白質總數	68	g/L	66-83
34	Albumin	白蛋白	47	g/L	32 - 52
35	Globulin	球蛋白	21	g/L	21 - 40
36	A/G Ratio	白蛋白 / 球蛋白比率	2.2	index	1.0 - 2.2
37	Alk. Phosphatase (ALP)	鹼性磷酸酶	50	U/L	33 - 98
38	AST (SGOT)	谷草轉氨酶	15	U/L	<35
39	ALT (SGPT)	谷丙轉氨酶	20	U/L	<35
40	GGT	麩胺轉氨酶	29	U/L	<38
41	Fibrosis-4 Score	-	0.74		

Age		Interpretation
35-64	>65	
FIB-4 Score		
<1.3	<2	Low risk of advance fibrosis
1.3-2.67	2-2.67	Intermediate risk of advance fibrosis
>2.67		High risk of advance fibrosis

Disclaimer:
 Use with caution in patients < 35 or > 65 years old, as the score may be less reliable in these age groups. Clinical correlation is advised.

LIPIDS & CARDIOVASCULAR RISK 血脂和心臟血管風險

42	Cholesterol, Total	總膽固醇	4.80	mmol/L	<5.20
43	HDL-Chol. (good)	高密膽固醇 (好)	1.90	mmol/L	>1.03
44	Non-HDL-Chol. (bad)	非高密膽固醇	2.90	mmol/L	<3.37
45	LDL-Chol. (bad)	低密膽固醇 (壞)	2.50	mmol/L	<2.60
46	Triglycerides	三酸甘油脂	1.36	mmol/L	<1.70
47	Total/HDL-Chol Ratio	膽固醇比率	2.53	index	<5.00
48	Homocysteine	同型半胱氨酸	6.2	umol/L	5.0 - 15.0

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No.	Description	Result	Unit	Reference Value
INFLAMMATORY MARKER & CVD RISK 炎症標記和心臟血管風險				
49	High sensitive C-Reactive Protein C反應蛋白	0.9	mg/L	CVD Risk, Low: <1.0, High: >3.0, Inflammation: >10
DIABETES & PANCREATIC 糖尿病 & 胰臟				
50	Glucose 血糖	4.7	mmol/L	Normal: <6.1, Impaired: 6.1-6.9, Diabetes: (Fasting) >7.0 (Random) >11.1
51	Glycated Hb (HbA1c) 糖化血色素	4.9	%	Normal: <5.6, Pre-diabetes: 5.6-6.2, Diabetes: >6.3, Control Target: <6.5
52	Insulin 胰島素	2.1	uIU/ml	1.9-23.0
INFECTIOUS DISEASE SEROLOGY 傳染科血清學				
53	VDRL (RPR/ TRUST) 梅毒篩檢	Non-Reactive	-	Non-Reactive
54	Syphilis TP Antibody 梅毒抗體	N.A	-	Non-Reactive
55	Hep. Bs Ag Screen B型肝炎表面抗原	Non-Reactive	-	Non-Reactive
56	Hep. Bs Ab (Anti-HBs) B型肝炎表面抗體	Non-Reactive	mIU/mL	Non-Reactive:<10, Strong immunity:>100
57	Hep. A Ab (Anti-HAV) A型肝炎抗體	Non-Reactive	-	Reactive: Immunity
58	H. pylori IgG 幽門螺杆菌 IgG抗體	0.8	S/CO	Non-Reactive: <1.000, Reactive:>= 1.000
59	HIV (1&2) Ab+Ag p24 Screen 愛滋病毒篩檢	Non-Reactive	-	Non-Reactive
THYROID FUNCTION 甲狀腺功能				
60	TSH 促甲狀腺激素	3.51	mIU/L	0.35 - 4.94
61	Free T4 游離四碘甲狀腺素	12.90	pmol/L	9.1-19.05
62	Free T3 游離三碘甲狀腺素	2.91	pmol/L	2.43 - 6.01

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No.	Description	Result	Unit	Reference Value
HORMONES 荷爾蒙				
63	Testosterone, total 睪丸脂醇	1.52	nmol/L	0.35-2.60

Gender Age Reference value				

Male 18-30 8.99 - 28.32 nmol/L				

Male 31-44 6.87 - 23.56 nmol/L				

Male 45-99 5.21 - 23.73 nmol/L				

Female adult 0.35 - 2.60 nmol/L				
VITAMINS & MINERALS				
64	Vitamin D, Total (25-OH D2 & D3)	38	ng/ml	Deficient: < 20 Insufficient: 20 to 29 Sufficient: 30-100 Upper Safety Limit: > 100
TUMOUR MARKERS 腫瘤標誌				
65	Alpha-Fetoprotein (AFP) 甲-胎蛋白質	5.0	ng/ml	<9.0
66	Carcino-Embryonic Ag (CEA) 癌胚胎抗原	2.5	ng/ml	Non-smoker:<5.0, Smoker:<10.0
67	Prostatic Specific Ag (PSA) 前列腺特異抗原	3.6	ng/ml	< 4.000
68	CA 19-9 腫瘤標記 19-9	15	U/ml	<35
69	EBV VCA IgA (for NPC) EB病毒特殊抗體 (鼻咽癌)	Non-Reactive	index	Non-Reactive:<2.0, Weak React:2-10, Reactive:>10
IMMUNOSEROLOGY 血清免疫學				
70	Rheumatoid Factor 類風濕因子	13.5	IU/mL	< 14.1

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No.	Description	Result	Unit	Reference Value
URINALYSIS: ~ Appearance ~ 尿液分析: ~ 外觀 ~				
71	Colour 顏色	Yellow	-	
72	Turbidity 濁度	Clear	-	
~ Urine Chemical ~ ~ 尿液化學 ~				
73	Urobilinogen 尿膽原	Normal	-	Normal
74	Glucose 尿糖	Negative	-	Negative
75	Bilirubin 膽紅素	Negative	-	Negative
76	Ketones 酮體	Negative	-	Negative
77	Specific Gravity 比重	1.006	-	1.005 -1.030
78	Blood 紅血球	Negative	-	Negative
79	pH 酸鹼度	6.5	-	5.0 - 8.5
80	Protein 蛋白質	Negative	-	Negative
81	Nitrite 亞硝酸鹽	Negative	-	Negative
82	Leukocyte 白細胞	Negative	-	Negative
~ Microscopic ~ ~ 微觀 ~				
83	Erythrocytes (RBC) 紅細胞	Nil	/HPF	0 - 3
84	Pus Cells (WBC) 白細胞	Negative	/HPF	0 - 5
85	Epithelial Cells 上皮細胞	1-2	/HPF	0 - 10
86	Casts 管型	Nil	/LPF	Hyaline 0 - 1/LPF, other casts present is abnormal
87	Crystal 結晶	Nil	-	Usually not significant, unless found persistently in patient with renal calculi or if associated with certain metabolic disease.
88	Others 其它	Nil	-	

End Of Report

Specimen : Plain (Serum), EDTA Blood, Urine, Fluoride Plasma



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健康身体检测 Wellness Blood Screening

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Prevention Always Better Than Treatments

Basic Screening 基本检测

Hematology	血液分析
Iron Status	铁蛋白检测
Liver Function	肝功能
Renal Function	肾功能
Glucose & HbA1C	血糖指数
Cholesterol	血脂指数
Rheumatoid Factor	类风湿指数
Inflammatory Marker	发炎指数
Infectious Diseases	肝炎及性疾病
Thyroid Function	甲状腺功能

Cancer Marker 癌症指数

Liver Cancer (AFP)	肝癌指数
Colon Cancer (CEA)	大肠癌指数
Pancreatic Cancer (CA19-9)	胰岛癌指数
Nasalpharynx Cancer (EBV)	鼻咽癌指数
Prostate Cancer (PSA, M)	前列腺癌指数
Ovary Cancer (CA125, F)	卵巢癌指数
Breast Cancer (CA153, F)	乳癌指数

Gastrointestinal Screening 肠胃检测

H.Pylori IgG 幽门螺旋杆菌抗体

- Prevention of Gastric Cancer
- 预防胃癌

Hormone Screening 荷尔蒙检测

Homocysteine	高半胱氨酸
Vitamin D	维他命D
FT3	游离三碘甲状腺素
FT4	游离甲状腺素
Serum Insulin	血清胰岛素
Testosterone	睾酮

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PREPARATION FOR HEALTH SCREENING

健康体检前的准备工作

Important Notes / Preparation Before the Appointment

1. Please **fast for at least 8 hours before** your appointment. You may drink plain water only.
2. Stop Smoking/ Vaping for at least 8 hours.
3. Postpone any routine morning medications (except anti-hypertensive drugs) unless otherwise advised by your doctor.

Item To Bring:

1. Previous 2 years medical reports, if any, especially X-rays, MRI or CT Scan from your last check-up for comparison.

How Long Will the Screening Take?

The duration of each health screening package varies. On average, the entire process, including the medical examination by a doctor, will take between 1-2 hours, depending on the selected package.

*A complimentary refreshment voucher (for selected health screening packages) will be provided for your enjoyment and convenience.
Items to Bring:

预约前注意事项 / 准备工作

1. 请在约定时间前的至少**8 个小时开始禁食**。您仅可以饮用白开水。
2. 请勿吸烟至少8小时。
3. 延后服用任何早上时段需服用的药物（除高血压药物以外），除了医生另行给予建议。

须携带的物件:

1. 请携带近2年的医疗报告（若有），特别是您最后一次进行的筛查，其中包括X光片、磁共振成像或计算机断层（CT）扫描片，以便进行对比用途。

健康检查需要多长时间?

每项健康体检配套的过程及所需时间各不相同。根据所选的健康体检配套，包括医生体检在内的整个健康检查过程平均需要 1 至 2 个小时。

*特定健康体检配套将附送一张免费餐券让您在筛查后享受茶点。



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